

COVID-19 EVENT SAFETY PLAN

1. Overview of the event: Teck Northern Cup #4

- The Teck Northern Cup is a cross-country ski race sanctioned by Cross-Country BC. This is an outdoor individual sport event, however, indoor facilities will be available for race officials and washrooms.
- The organizer is Agathe Bernard, 250-251-4305, info@ominecaskiclub.ca
- The event is hosted by the Omineca Ski Club, Burns Lake, BC
- The event will be held on January 23, 2022, from approximately 9:00 AM to 2:00 PM
- Attendance, including volunteers, is expected to be between 50 and 150 people. Maximum effective capacity for this event is 350 (50 percent = 175)
- Washrooms are provided (4 outhouses and 5 indoors)
- Warm Gatorade will be offered to participants at the end of their races. Bagged lunches will also be provided.

2. Health Screening

- All participants, including organizers, volunteers and staff must self-screen and not attend the event if:
 - Experiencing any symptoms of COVID-19
 - Have returned from travel outside of Canada in the last 14 days
 - Required to self-isolate.
- All participants (participants mean all racers, race officials, coaches and support staff/volunteer including wax technicians, drivers, spectators, etc.) aged 12 and up must show proof of vaccination to enter the venue
- This is consistent with the Omineca Ski Club COVID Safety Plan, prominently displayed at [Omineca Ski Club | Cross Country Skiing in the Lakes District](#), and included in the event invite and registration.
- Safety posters will be posted throughout the venue

3. Reducing overcrowding and congregation

- Signs reminding participants that are not a single family unit to maintain a minimum of 2 metres will be posted
- Race starts are staggered by age categories to avoid congregation and markers will be placed at the start line
- Physical barriers will be installed in and around the stadium to limit entry only to racers and event volunteers
- An announcer will verbally remind people to avoid congregating
- Physical distancing must be always maintained

Jean-Paulson Lodge

- Although this is an outside event, the Jean Paulson lodge will be opened to racers and race officials for the following purposes:
 - Officiating the race
 - Using the washrooms
 - Changing
 - Warming-up if cold
 - Traffic flow will be one-way only.

- Except for race officiating purposes, the maximum length of stay is 15 minutes
- Masks are mandatory inside the Lodge
- Physical distancing must be always maintained
- No more than 25 people may be present in the lodge at any one time (lodge maximum capacity is 97).

Wax Cabin

- The wax cabin is publicly available to all members and guests of the Omineca Ski Club.
- The wax cabin maximum capacity is 4 (maximum capacity is 10).
- Masks are mandatory.
- Physical distancing must be always maintained
- All surface must be sanitized after use

4. Physical Distancing

- See section 3 above.

5. Masks

- Masks are mandatory inside the Jean-Paulson Lodge and the wax cabin.

6. Sanitation

- Washrooms are equipped with soap, paper towels and/or hand sanitizer
- Hand sanitizer is available at the registration table as well as the finish line. Sanitizer must be used after each interaction (e.g., when obtaining bibs, after handing out bids and/or Gatorade).
- Hand sanitizer and sanitizing spray is available in all buildings
- Garbage cans are available to receive empty and disposable Gatorade cups
- Participants will deposit used bibs in a laundry bin lined with a plastic bag. Used bibs will be stored in an outdoor building and washed (sanitizing cycle) 48 hours after the event.

7. Communication and enforcement

- The invite and registration form contain information to all participants about this safety plan and the general safety plan for the Omineca Ski Club
- The event organizer will monitor for compliance and ensure all volunteers are aware of all expectations.