



OMINECA BIATHLON

BC Cup #4 Individual

| Category | Distance | Pink Course Laps 0.5 km | Black Course Laps 1.0 km | Orange Course Laps 1.5 km | Red Course Laps 2.0 km | Green Course Laps 2.5 km | Yellow Course Laps 3.0 km | Brown Course Laps 4.0 km | Sequence |
|----------------|--------------|----------------------------|-----------------------------|------------------------------|---------------------------|-----------------------------|------------------------------|-----------------------------|----------------|
| Master Men | 10.0 km PSPS | | | | 5 | | | | R,R,R,R,R |
| Master Women | 7.5 km PSPS | 1 | | 4 | | | | | O,O,O,O,P |
| Men | 20.0 km PSPS | | | | | | | 5 | Br,Br,Br,Br,Br |
| Women | 15.0 km PSPS | | | | | | 5 | | Y,Y,Y,Y,Y |
| Jr. Men | 15.0 km PSPS | | | | | | 5 | | Y,Y,Y,Y,Y |
| Jr. Women | 12.5 km PSPS | | | | | 5 | | | G,G,G,G,G |
| Youth Men | 12.5 km PSPS | | | | | 5 | | | G,G,G,G,G |
| Youth Women | 10.0 km PSPS | | | | 5 | | | | R,R,R,R,R |
| Sr. Boy | 7.5 km PSPS | 1 | | 4 | | | | | O,O,O,O,P |
| Sr. Girl | 7.5 km PSPS | 1 | | 4 | | | | | O,O,O,O,P |
| Jr. Boy | 6.0 km PPP | 1 | | 3 | | | | | O,O,O,P |
| Jr. Girl | 6.0 km PPP | 1 | | 3 | | | | | O,O,O,P |
| Juvenile | 3.0 km PPP | 3 | 1 | | | | | | Bk,P,P,P |
| Midget | 2.0 km PPP | 4 | | | | | | | P,P,P,P |
| Recreational 1 | 6.0 km PSP | 1 | | 3 | | | | | O,O,O,P |
| Recreational 2 | 3.0 km PPP | 3 | 1 | | | | | | Bk, P,P,P |
| Sr. Cadet | 7.5 km PPP | | | 4 | | | | | O,O,O,O |
| Jr. Cadet | 6.0 km PPP | 1 | | 3 | | | | | O,O,O,P |

Note: Actual Distances

| | | | |
|--------|------------------|--------|------------------|
| Pink | 0.5 km = 0.61 km | Yellow | 3.0 km = 2.85 |
| Black | 1.0 km = 1.11 km | Brown | 4.0 km = 3.99 km |
| Orange | 1.5 km = 1.72 km | | |
| Red | 2.0 km = 1.99 km | | |
| Green | 2.5 km = 2.49 km | | |