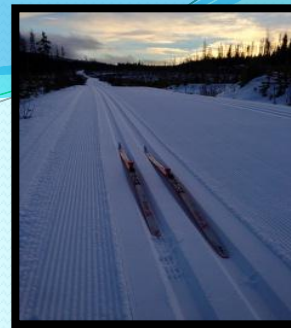




January, 2015

The Omineca Spirit



Winter Wonderland at Omineca!

All trails are groomed and skiing is excellent at the club. Check out our website for up to date grooming, conditions and trail maps.

Several members got together for a trail workbee and have cleared out the Marathon Loop. Check out this fun family favourite trail.



Adult Ski Lessons

(for beginners and beginner/intermediates)

Saturdays, January 10th and 17th

Classic technique- 10:30-noon

Skating technique- 1:30-3:00pm

Fee for classic or skate lessons are \$60 for members, \$90 for non-members. For those needing to rent skis, the rental fee is an additional \$15.

To sign up for lessons please call Doug Campbell at 250-692-7300 or email lakesdistrictdoug@gmail.com.

Friday Night Social Skis

Join an informal gathering of folks that get out for a weekly ski and explore the trails. Meet at the wax cabin at 6:45 and bring a headlamp.

Club Events	Date
Ski Camp Starts	Sunday, Jan. 4 th
Adult Ski Lessons	Saturday, January 10 th
Adult Ski Lessons	Saturday, January 17 th
Omineca Open	Sunday, Feb. 1 st
Valentine's Ski	Saturday, Feb. 14 th
Lake's Loppet	Sunday, March 1 st
Racing Rocks for Kids	Saturday, March 14 th

Ski Camp for Kids

The skills development program provides ski lessons for kids aged 3-12 years old. Lessons are held every Sunday starting at 1:30 pm (coaching sessions) and every Thursday at 5:30 pm (group skills and activities).

Lessons start on January 4th and continue until mid-March, with the exception of February 1st (Omineca Open/Tech Northern Cup) and March 1st (Lakes Loppet).

For more information contact:

Karen Broadworth: 250-692-7475 or

Laura O'Meara: 250-692-6815

Volunteers are needed to help with the February 1st Omineca Open/Tech North Race.



KIDS SKI PURCHASE

Thanks to Partnering for a Healthier Community we received \$2500 to buy some kids ski packages. These packages will be available for rental so families can try skiing together.



Interested in Biathlon

**Come and train
with the Omineca Owls!**

The Omineca Owls practice Sunday mornings at 10 or 11 am (weather dependent) at the Omineca Ski Club Range. The athletes also join the Track Attack skiers every Tuesday, Thursday and Sunday (coached by Chris Paulson) for the cross country portion of their training.



We're Introducing Snowshoeing to the Club!!

We are happy to announce that snowshoers in the Lakes District will be able to use all of our trails this year. There is a new 1.7 km trail laid out that will be just for the 'shoers to explore the area around the lodge. A membership or day use fee must be paid.

Jean Paulson Lodge

We are hoping to have the lodge open Fridays and Saturdays in January and February. The lodge will be open Sundays when the kids lessons take place. Come warm up and enjoy the lodge when it is open.

The lodge is available for rental. The rental rate is \$250 per day. Contact Joan Ragsdale for more information at 250-692-0093.



A great place
to host a
gathering!

Help Support our Club!

We currently have 229 members in our ski club so far this year. The membership fees help to pay for the upkeep of the trails and buildings, insurance and Cross Country BC/Cross Country Canada Fees.

***New for this year, we are asking skiers and snowshoers to have their Season Passes/Day Passes visible.



Find and like us at **Omineca Ski Club**, to get the latest updates and facts.

Find us online at **ominecaskiclub.ca**