



# The Omineca Spirit



## Omineca OpenTeck Northern Cup Race

The Omineca Ski Club hosted the Omineca Open Teck Northern Cup on Feb. 1<sup>st</sup>. The event attracted over 100 racers. The top male and female in the 22.5 km 'Tour de Omineca' race were Alex Nemethy and Angela Wheeler, both from the Nechako Nordic club. To find all results, visit <http://zone4.ca> and search for 2015 Teck Northern Cup.

Thank you to all the volunteer and sponsors that made the event possible.



### Thank you Groomers!



Thanks to our groomers for all their work on the trails this month! If you are wondering what to ski after a snowfall, the trails are normally groomed in this order:

1. Lit trail and stadium
2. Omineca Main / Lonesome Boulder /
3. Meandering Moose
4. Stride & Glide / Scampering Squirrel
5. Summit Loop (dog trail)
6. Huff & Puff / Roller Coaster / Rowan
7. Summit Connector / Homerun / Twister

## Jean Paulson Lodge

We are hoping to have the lodge open Saturdays in February. The lodge will be open Sundays when the kids lessons take place. Come warm up and enjoy the lodge when it is open. The lodge is available for rental. The rental rate is \$250 per day. Contact Joan Ragsdale for more information at 250-692-0093.



## Friday Night Social Skis

Join an informal gathering of folks that get out for a weekly ski and explore the trails. Meet at the wax cabin at 6:45 and bring a headlamp.



Find and like us at **Omineca Ski Club**, to get the latest updates and facts. Find us online at [ominecaskiclub.ca](http://ominecaskiclub.ca)

Membership has reached 268!



## Valentine's Ski

Several skiers enjoyed a magical candlelit ski around the 1.8 km trail. Thanks to Track Attack and the Jr. Team for the set up!

# EVENTS

## Ladies Day at the Ski Club

February 21<sup>st</sup>

Ladies of all ages and abilities came to socialize, meet other skiers, explore the trails and have loads of fun! Only pre-requisite needed was a sense of humour!

The day included:

- hot waxing & grip waxing
- warmup/stretching with Tania in the lodge
- skiing (some tips for rookies provided)
- Catered supper followed by a night ski
  - Dessert and tea in the lodge

Contact Karen Broadworth (692-7475) if you are interested in future ladies events.

## The Lakes Loppet will be held on Sunday, March 1st.

We offer a full range of distances for skiers of all levels. Ski at your own pace on the route that suits you best. Bring the whole family for a fun day of skiing,

**Mass start at 10 am for all those wanting to be timed**

Check out the routes maps & registration information on our webpage)

**'Epic'** route – 50 km

**'Viewpoint'** route – 20 km

**'Flatlander'** – 15 km

**'Participaction'** is a series of three different trails with the family in mind.

**Entry Fees:**

**\$20 per person or \$50 for a family.**

## Racing Rocks– March 14<sup>th</sup>

The elementary school ski races will be held on March 14<sup>th</sup>. Students should register with their schools. The event is for skiers of all abilities.

Come out and have fun.

Wear green in the spirit of Leprechaun!

